



FÉDÉRATION INTERNATIONALE
DE MOTOCYCLISME



2010 FIM WOMEN'S TRIAL TRAINING CAMP

05 - 06 July 2010

Espace Loisirs Boade, Senez, France

The FIM and the FFM organise a two days FIM Women's Trial Training Camp in Senez, France, on 5 - 6 July 2010. The event will be held in accordance with the FIM Sporting Code.

Each participant must come with her own Trial bike and must have a 2010 National, European (UEM) or FIM Women's Trial licence. Each participant must also have a valid insurance in case of injuries (included in the licence or not).

The purpose of this camp is to raise the level of the women riders and prepare them to participate to National, European or FIM World Championships. One trainer appointed by the FIM will lead this training camp.

Responsible person:

Mr Thierry Michaud

Ph.: +33.6.11.89.57.04

Email: tmichaud@ffmoto.com

How to get there:

- From Digne les Bains : RN 85 direction of Castellane
- From Nice : RN 202 direction of Saint-André les Alpes and Barrême and Castellane.
- From Grasse : RN 85 direction of Castellane.

Do not enter in the village of Senez.



Accommodation:

Meal: 13 €

Breakfast: 5 €

Night: 12 to 15€

Camping: 8 €/day + 3 €/day for electricity

If somebody is searching for a hotel please contact "Espace Loisirs Boade", they will arrange it!

More information on: <http://www.boade.com>

Espace Loisirs Boade**Quartier Boade****04 330 SENEZ**

Tél: +33.4.92.34.22.94

Fax: +33.4.92.34.26.82

Email : boade@wanadoo.fr

Instructor of the camp: Laia Sanz

Monday 05.07.10

9am	Welcome and Practice meeting and features of the rules from the practice area
9:30am - 12am	Technical training with the coaches in the practice area
12.30 am - 2pm	Lunch break
2pm - 5pm	Section practice in the practice area
6 pm	Interview with Laia Sanz
7 pm	Technology training on motorcycle
8 pm	Dinner time

Tuesday 06.07.10

8am - 9am	Breakfast
9am - 12am	Technical training with the coaches in the practice area
12am - 2pm	Lunch break
2pm - 4.30 pm	Section practice in the practice area
4.30 pm	debriefing and finish of training